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SYMPOSIUM
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Prague

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Conception of young players'
education on club level

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Conception of young players education on club level

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Integration education with young player's development in club - level ice hockey is a valuable concept that emphasizes holistic growth.

By integration education into club - level ice hockey, players can develop not only as athletes but also as well - rounded individuals equipped with essential life skills and academics achievements. This approach promotes a healthier, more sustainable path for young athletes pursuing their passion for ice hockey.....

- **Balancing Academics and Athletics**
- **Flexible Schooling Options**
- **Educational Support Service**
- **Life Skills Education**
- **Emphasizing Academics Achievements**
- **Cooperations with School**
- **Long Term Career Planning**
- **Creating a Supportive Environment**
- **Parental Involvement and Education**
- **Monitoring and Evaluation**



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- **Balancing Academics and Athletics :**
Young players involved in ice hockey at the club level need a schedule that allows for both sports training and academics
- **Flexible Schooling Options:**
Offering flexible schooling options, such as online education or modified schedules
- **Education Support Services:**
Clubs can provide educational support service, including tutoring and acces to educational resources, to ensure players stay on top of their studies despite their demending hockey commitments
- **Life Skills Education:**
Incorporating life skills education within the hockey program can enhance players personal development
- **Emphasizing Academic Achievement:**
Promoting academics achievement alongside athletics succes encourage players in excel both areas



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- **Cooperations with Schools:**
Establishing partnership with local schools crucial
- **Long – Term Career Planning:**
Education young players about the importance of education beyond their hockey careers is essential
- **Creating a Supportive Environment:**
Fostering a supportive environment within the club where education is prioritized alongside hockey
- **Parental Involvement and Education:**
Education parents about the importance of education and sports balance
- **Monitoring and Evaluation:**
Regularly monitoring players academic progress and evaluating the effectiveness of educational initiatives within the club can help refine and improve the program over time



Education young players in club - level ice hockey involves a comprehensive approach that focuses not only on developing their skills on the ice but also their overall growth as individuals.

By embracing these principles, young players can not only develop into skilled athletes but also responsible individuals who carry the values they learn on the ice into other aspects of their lives.....

- **Skill Development Programs**
- **Qualified Coaching Staff**
- **Physical and Mental Conditioning**
- **Game Understanding and Strategy**
- **Character Development**
- **Balanced Approach**
- **Parent Education and Involvement**
- **Competition and Fun**
- **Player Safety and Health**
- **Long-Term Player Development Model**
- **Continuous Evaluation and Feedback**
- **Community Engagement and Support**



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- **Skill Development Programs:**
Implements structured programs that cater to different age groups and skill levels
- **Qualified Coaching Staff:**
Employ knowledgeable and certified coaches who understand child development and hockey - specific skills
- **Physical and Mental Conditioning:**
Include off – ice training session that focus on strength, conditioning and agility, additionally incorporate mental skills training to enhance focus, resilience and decision making under pressure
- **Game Understanding and Strategy:**
Teach players about the rules of the game, positional play, team systems and situational awareness, encourage players to think critically and make decisions on the ice
- **Character Development:**
Emphasize values like teamwork, discipline, respect and sportsmanship



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- **Balanced Approach:**
Encourage a balance between hockey and other sports and aspects of life, such as academics and personal interests
- **Parent Education and Involvement:**
Educate parents about the developmental needs of young athletes, including nutrition, rest and psychological support
- **Competition and Fun:**
Strike a balance between competitive games and maintaining a fun, enjoyable atmosphere
- **Player Safety and Health:**
Prioritize player safety by enforcing proper equipment use and injury prevention strategies



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- **Long – Term Player Development Model:**
Implement a long – term player development model that provides a pathway for players to progress through different levels of competition based on age and skills
- **Continuous Evaluation and Feedback:**
Regularly assess player progress through evaluations and feedback sessions
- **Community Engagement and Support:**
Foster a strong sense of community within the club, organize events, fundraisers and outreach programs to engage families and promote the growth of hockey in the local community



In Berlin, like many regions with a strong sports culture, there are specific schools or programs designed for athletes to balance their sport training with academic education. These sports schools often offer a curriculum that supports both athletic and academic development. Here's a general outline of what such a program might involve at the SLZB Elite Sport School

- **Dual Curriculum**
- **Sports Training**
- **Academic Support**
- **Balanced Schedule**
- **Coaching and Mentorship**
- **Facilities and Resources**
- **Competition and Exposure**



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- **Dual Curriculum:**
Sports schools typically offer a dual curriculum, combining regular academic classes with intensive sports training
- **Sports Training:**
Ice – Hockey players in sport schools receive advanced training in their sport
- **Academic Support:**
To accommodate the demanding training schedule, sports schools usually provide flexible academic programs
- **Balanced Schedule:**
The daily schedule of a student – athlete in a sport school may involve morning training sessions followed by classes



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- **Coaching and Mentorship:**
Athletes benefit from experienced coaches and mentors who understand the challenges of balancing academics and sport
- **Facilities and Resources:**
Sport schools often have state - of - the - art facilities including training grounds, gyms, and access to sport medicine professionals to support the athletes development and well - being
- **Competition and Exposure:**
Being part of a sport school exposes athletes to a higher level of competition, both nationally and internationally
This experience is crucial for their growth as athletes





Thank you for your attention.....

